



ERGONOMICS

The use of foot rests helps to avoid muscle strain, cramp and fatigue in the legs. It helps to improve your posture and circulation by keeping feet and legs elevated. The EU Directive 90/270/EEC recommends for VDU workstations that "a foot rest shall be made available to any operator or user who wishes one." Ergonomic concept developed in association with the Industrial Medicine. Made in France.

Adjustable in height from 8 to 20. Adjustable tilt 0 to 20°

