

# TIMELIGHT

«TIMELIGHT: the good quality of light at the right time of the day.»

## WHAT IS CIRCADIAN RHYTHM?

The circadian rhythm is a biological rhythm that governs a set of physiological processes of man and animal (cognitive abilities, sleep / wake cycle, heart rate, mood, memory and body temperature). Its duration is about 24 hours and it is regulated by the light that plays the role of synchronizer. Man today spends more than 80% of his time indoors, subject to artificial lighting. The lack of exposure to natural light helps to disrupt the biological rhythm and results in a decrease in the daily sleep time of about 1 hour for 100 years. In addition, a desynchronized biological rhythm leads to **disturbances of sleep and mood, a lower concentration and promotes the onset of seasonal depression.**

## INTELLIGENT AND INTUITIVE

### TIMELIGHT, how it works?

UNILUX is developing its range of connected lamps with this innovative luminaire that synchronizes the circadian rhythm of individuals by reproducing **sunlight and its impact on hormones.**

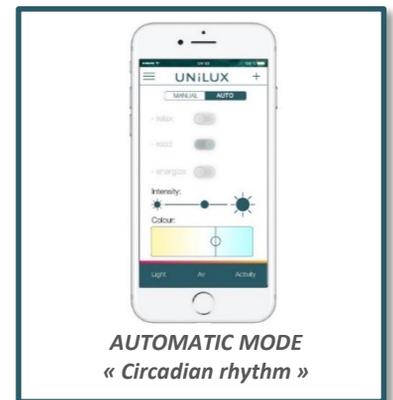
- In automatic mode, the pre-programmed circadian cycle gives you precisely the light you need (in temperature and intensity) at the right time of the day with optimal visual comfort.
- The manual mode allows to adjust the brightness level to allow the person to enjoy the best light possible in any type of activity: Work, relaxation, or reading.

## QI CHARGER

### Product benefit

TIMELIGHT is equipped with USB port and Wireless phone charger (Qi certified, compatible with all smartphones\*)

\* If your smartphone isn't fitted with a wireless charging option, simply add a Qi charging case.



UNILUX

# THE BENEFITS OF SYNCHRONIZED CIRCADIAN RHYTHM :



## STRENGTHEN

Concentration, vigilance and memory



## IMPROVE

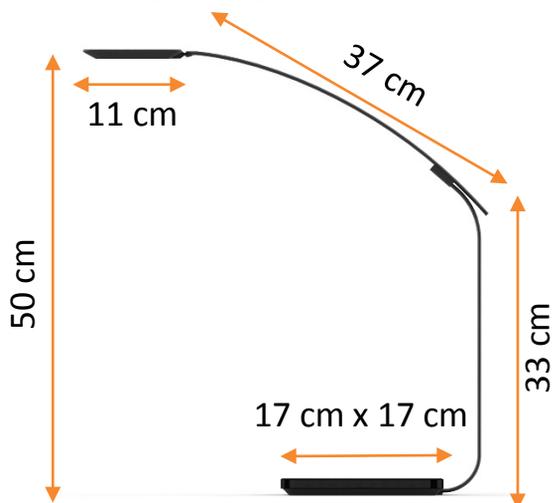
Daytime efficiency, quality of sleep, well-being



## DECREASE

Drowsiness and mood disorders

## DIMENSIONS



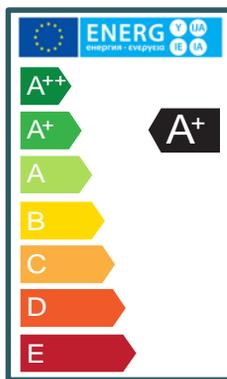
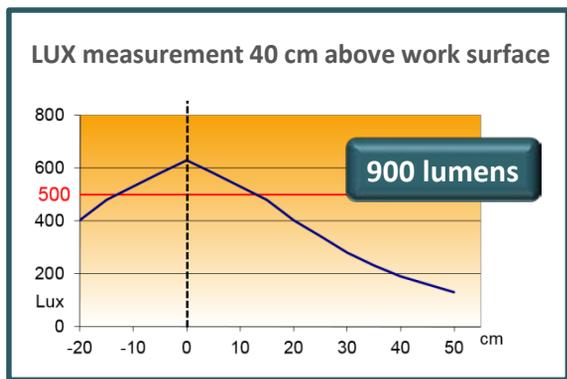
## TECHINICAL FEATURES

### Materials

arm a steel  
Base and head steel

### Source

LED built-in\*: rated power 9W  
\*cannot be replaced



SAP no.	Colour	Energy consumption KW/1000 h	Lm	Lm/W	Colour T°	CRI	Source's lifetime*	Warranty	Net weight	EAN code
400110241	Black	9	900	100	2700 K à 5000K	>80	50000h	2 years	1,7 kg	3595560028085

\* Average use: 1000h/year